

Checklist for Autism

- Repetitive body movements (flapping, spinning, running back and forth)
- Repetitive motions with objects (spinning wheels, shaking sticks, flipping leavers)
- Ritualistic behavior (lining up objects, repeatedly touching objects in a set order)
- No or poor eye-contact
- Staring at lights or objects
- Sensitivity to light and sound
- Socially withdrawn or socially awkward
- Need for sameness (finds difficulty adapting to changes)
- Delayed speech or language (non-verbal specially by age of 3)
- Unusual emotional responses (inappropriate laughing or crying)
- Clumsiness (falls or trips often)
- Frequently walks on tip-toes like toddlers

If one or more of these sound familiar, it indicates a need for further evaluation and intervention.